

RHCI 10th Annual Canal WALK

Saturday, September 12 • Registration 8:30 a.m. • Walk Starts 9:30 a.m.
3-mile Walk along the Cape Cod Canal in Sandwich to Benefit RHCI



Join Us for the “Feel Good” Event of the Year!



Success with Advanced Therapy

Bridgette Sheridan's Multiple Sclerosis eventually worsened to the point that she needed a cane to walk. She often had to spend days in bed.

In 2007 Bridgette heard RHCI had an exciting new therapy for foot drop. “There were only three places in the country using the NESS L300,” she says.

Working with RHCI physical therapists, Bridgette tried the device. It worked beautifully. Last year Bridgette and her husband, Phil, completed a 50-day motorcycle odyssey to California and Key West. This fall: Nova Scotia.

“I can do so much more than before. RHCI is such a wonderful place.”



Unlimited Potential

Christian Barclay was born without legs. But that hasn't stopped the 12-year old from playing soccer and hockey, swimming and sailing. He was three when he first came to RHCI, “a scared, unstable walker,” he says.

Now, the sky's the limit. “We tailor therapy to his changing needs as he grows. His potential is unlimited,” says Dan Biagini, physical therapist.

Christian has been part of every RHCI WALK since he was five. “After many tears and triumphs, I now run down the halls to say hello to everyone I know. RHCI helped make it possible. Please help me give back so that others can receive the help and support I have!”



Inspired to Help

Jerry Esposito chose RHCI for his rehab after double knee replacement surgery.

“The RHCI staff helped me struggle through the most basic of needs when I could barely stand. Then the outpatient team provided motivation to complete the process. To come out of this with no pain and straight legs — I feel I've been given back eight years,” he says.

Jerry recently met Christian at a CanalWALK kick-off breakfast.

“Seeing how the staff help Christian and others — that draws me in. It's not about me now. It's about keeping the dreams of other patients alive. I'm proud to do my part to support RHCI.”

For registration info, call Connie Blake at **(508) 833-4042** or visit www.rhci.org/canalwalk

Rehabilitation Hospital
of the Cape and Islands

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