

Are You Eligible? Free Balance Screening

Answer YES to 2 or More Questions to Qualify

- Are you between **45 and 70**?
- Are **problems with your knees** (pain, stiffness or limited range) affecting your recreational or daily activities?
- Is return to normal activity difficult after **hip injury/surgery**?
- Do you **fall or lose your balance** on uneven ground or steps?
- Do you **sprain your ankle** easily?
- Do you have a **history of falling** or **fear of falling**?

Call Now! Limited to the first 50 people who qualify.

March 15 to April 15
at RHCI-Yarmouth

By Appointment Only
(508) 771-1300

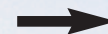
Remember When Balance Was Easy?

Free 15-Minute Screening

Conducted by one of RHCI's experienced physical therapists using our **Biodex Balance System**.

If the screening suggests you could benefit from follow-up care, RHCI will provide a copy of the results for you to bring to your physician. A physician's referral is required for therapy services.

Turn over for
Therapy and
Physician Services



 **RHCI Yarmouth**
Outpatient Rehabilitation Center

130 Ansel Hallett Road, West Yarmouth, MA (508) 771-1300

 **SPAULDING**
REHABILITATION NETWORK

www.rhci.org